

## mudpuppy ages 4-8 program



The Mudpuppy Program offers open enrollment to children ages 4 through 8 to learn fundamental soccer skills, gain

appreciation for sportsmanship, and develop a love for the game in a fun, positive environment. This program is under the direction and supervision of CRSA Professional Coaches. It includes five training sessions and three Festival Game Days at the CRSA Training Facility. The Mudpuppy program is a positive, affordable opportunity to introduce your child to the game of soccer.

## skills academy ages 5-15 program



This program will focus upon advanced technical training for serious young soccer players.

The aim is to enable players to reach their athletic potential. Training sessions will present the participants with an organized, educational, and challenging environment that pushes young players to improve, while allowing them to have fun with the great game of soccer. They will leave the program as better, more self-confident soccer players who have a passion for the game.

## the mission of crsa

The mission of Cedar River Soccer Association is to develop individual and team skills in a competitive training environment supported by a full-time professional coaching staff. Cedar River Soccer Association is a family-oriented soccer club, which emphasizes sportsmanship in a fun and positive atmosphere.

## at crsa we believe

- In a strong parent-directed organization committed to excellence
- Individual skill development is fostered through a nationally licensed, dedicated, highly trained, professional coaching staff
- All players should have fun in an environment that promotes fitness
- In the development and accommodations of players at varied skill levels
- In encouraging friendships through a positive, nurturing environment
- In fostering a strong work ethic
- In sportsmanship, teamwork, discipline, goal setting, social growth, and the development of life skills

For additional information  
call the CRSA office at **319.398.4699**  
or visit our website at [www.crsoccer.com](http://www.crsoccer.com)

Non-profit Organization • Established in 1998  
Cedar Rapids, Iowa



# CRSA

CEDAR RIVER SOCCER ASSOCIATION

## developing tomorrow's soccer standouts

[www.crsoccer.com](http://www.crsoccer.com)



**Shaun Howe** *Director of Coaching*  
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NSCAA Advanced National License  
Dutch Youth License



The Developmental Program is under the direction and supervision of a Professional Coach. It focuses on developing fundamental ball skills and introduces players to competitive soccer in a fun and nurturing environment. There are no tryouts at this age level and no effort is made to level players according to ability. While CRSA developmental teams are usually strong contenders at tournaments, the emphasis at these age groups is not on winning. The success of this philosophy can be measured by the successful accomplishments of the older age group CRSA teams. Developmental teams play in age and skill appropriate leagues and tournaments. In addition to local games, teams typically play in 2-3 tournaments each season in the Cedar Rapids and Iowa City area.

The Competitive Program is run by our Professional Director of the Competitive Program. This program has players not assigned to play at the Premier team, as well as those who choose not to participate at the Premier level for a variety of reasons. This program allows youths to play soccer without the time and resource commitment required at the Premier level. Team assignments are made at tryouts. Practices are conducted by a Professional Coach, who ensures that players receive the coaching & resources they need for player and team development. Competitive teams generally play in age/skill appropriate leagues such as the Iowa Premier Soccer League or the Illowa League. Most tournaments are held within the state, minimizing travel time and expense. This program is ideal for the multi-sport athlete.

CRSA is home to some of the most accomplished teams in Iowa. The Premier Program is designed for players who can play at the highest levels of youth soccer. Players are placed on teams following tryouts and each team is under the direction of a Professional Coach. Teams are exposed to more advanced technical and tactical training. While CRSA strives for success at the State and Regional levels, the club's emphasis is on preparation for player's future soccer career at high school and college levels. Premier teams generally play in the Iowa Premier Soccer League. Some teams may play in the Midwest Regional League. Ages U11-U14 Premier teams generally play in 3-4 tournaments each season in Iowa and surrounding states. Premier teams ages U15 and above also play in several of the top college showcases and tournaments throughout the country.

## recent crsa highlights

- Most accomplished Club in Eastern Iowa (19 Iowa State Cup Championships in eight years)
- Eight Professional Coaches on Staff with over 80 years coaching experience (most in Eastern Iowa)
- Spring 07 opening of new training facility which includes three full size natural turf fields (stadium lighting on two fields), professionally maintained
- CRSA has an exclusive partnership with Physiotherapists Associates for a fully-integrated injury prevention & agility/strength program for our members
- Host of the Chill Out Tournament—the largest single weekend soccer tournament in Iowa with over 200 teams from 8 states
- 06/07 had three National Pool players and one National Team player
- 06/07 Fourteen CRSA players were committed to Division I college soccer programs
- 06/07 U18 Boys Premier team won its 7th Consecutive State Cup and is the most accomplished team in Iowa Club soccer history
- 05/06 had 71 State Level ODP players
- 05/06 had 10 of Iowa's 18 Regional ODP players
- 05/06 had six girls from the U18 Premier team were committed to Division I college soccer programs
- 05/06 116 members played on their high school soccer teams

## scholarship program

Full and partial scholarships are available and are awarded upon completion of the Financial Assistance Request Form. Applications must be filled out and evaluated annually. Applicants must provide proof of income. Other variables taken under consideration include family size, unusual or extraordinary expenses, or other situations. All information is kept confidential. Please contact the CRSA office for more information.